

# Jan's Journey Around the World

## Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Pasta Twists with Italian Tomato Sauce	Jan's Special Indian Curry Chicken Jalfrezi	American Hot Dogs served with Sweet Cooked Onions, Lettuce & Tomato	Perfect Italian Pizza	British Seaside Friday with Battered or Breaded Fish
Macaroni Cheese Baked to Perfection	Delicious Sweet Potato and Butternut Squash Curry	Fully Loaded Veggie Hot Dogs	Freshly Baked Bread, Tangy Tomato Sauce and Melting Cheese	Frittata with Fresh Tomatoes and Onion
Garlic Bread for Dipping with Mixed Salad and Sweetcorn	Golden Rice and Naan Bread with Crunchy Cucumber and Sweetcorn	Hash Browns with Sauce on the Side	Italian Herby Oven Baked Wedges	Fluffy Baked Chips, Garden Peas and Fresh Bread
A Flapjack With Fresh Fruit	A Lemon Cookie with Fresh Fruit	Chocolate Cake with Fresh Fruit	A Cornflake Cookie with Fresh Fruit	Vanilla and Oat Cake with Fresh Fruit

All menus are subject to change  
without notice

Food allergens are catered for

Jacket potatoes with fillings will also be  
available daily

# Jan's Journey Around the World

## Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Tantalizing Mexican Beef Taco's With Fully Loaded Salad	Oriental Breaded Chicken with Colourful Rice	Jansway Meatball Sub Swedish Gravy with Boiled Potatoes or Pasta	Tasty Italian Pasta with Flavoursome Sauce and Topped with Cheese	British Seaside Friday with Battered or Breaded Fish
Tortilla Stack	Chinese Chicken Style Strips with Colourful Rice	Veggie Sausage Pasta Bake		Frittata with Fresh Tomatoes and Onion
Fresh Pasta Salad With Cheese on the Side	Carrot Sticks to Crunch and Mixed Veg	Mixed Salad	Broccoli and Carrots with Fresh Baked Bread	Fluffy Baked Chips, Garden Peas and Fresh Bread
A Lancashire Cookie with Fresh Fruit	A Ginger Biscuit with Fresh Fruit	An Orange Flapjack with Fresh Fruit	A Melting Moments with Fresh Fruit	A Chocolate Penny with Fresh Fruit

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