

Anti-Bullying

Policy

Child version

D40b

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| Date of Update | Reason for Update | Next Update |
| March 2017 | Stockport model policy issued | March 2019 |
| Nov 2018 | Update to Stockport model policy issued | Nov 2020 |
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Our Aims for this Policy

We want all children, parents and staff to know that we take bullying very seriously and believe that it should not be tolerated at our school.

Our school is a place where every person has the right to be themselves, to be included and to learn in a safe and happy environment. Everyone at our school is equal and treats each another with respect and kindness.

We work hard to promote the values of respect and equality and using our GROW values ensure that difference and diversity is celebrated across the whole school community.

We want our pupils to become responsible citizens.

 **We define bullying as:**

***‘Behaviour by an individual or a group, usually repeated over time, where an imbalance of***

***power is used to intentionally hurt another either physically or emotionally.’***

**STOP**

**(Several Times On Purpose)**

**Methods of bullying:**

**Bullying can be any of these:-**

* Physical aggression – hitting, kicking, tripping up, spitting, taking or damaging property, use of threat or force in any way, intimidation or demands for money or goods

* Verbal – name calling, insulting, teasing, ‘jokes’, mocking, taunting, gossiping, secrets, threats. Reference to upsetting events e.g. bereavement, divorce, being in care

* Non-verbal – staring, body language, gestures

* Indirect – excluding, ostracising, rumours and stories, emails, chat rooms, messaging phones, notes, inappropriate gestures

* Cyber – text messaging, internet chat rooms, the use of social media applications such as Snapchat, Instagram or WhatsApp, the misuse of camera or video facilities (including taking or/and sharing inappropriate images) , offensive questions, nasty inbox messages

**If you’re being bullied you may feel very upset and it can cause you to behave differently for example**

* disturbed sleep
* bed-wetting
* head and stomach aches
* problems with concentration,
* changes in behaviour and attitude
* truanting
* bullying other children
* damaged or missing clothes / money / property,
* asking for more money than usual or stealing money
* withdrawn or changes in their usual behaviour patterns or attitude
* distressed or emotional and finds it hard to articulate their feelings
* changes in their eating patterns
* changes in their online activity
* shows evidence of self-harming or even for extreme cases potential suicide
* is unusually tired without a reasonable explanation
* has unexplained bruises or marks on their body, (some may refuse to change for PE)
* repeatedly comes to school without dinner money or a packed lunch
* seems afraid to be alone and requires more adult interaction.

**If you are bullied:**

 **DO:**

 • Ask them to STOP if you can.

 • Use eye contact and tell them to go away.

• Ignore them.

 • Walk away.

• Talk to a School Councillor, Play Leader, RA Champion, Sports Ambassador.

• Get help

• TELL SOMEONE.

**DON’T:**

• Do what they say.

• Get angry or look upset

• Hit them.

• Think it’s your fault.

• Hide it.

**What should I do if I see someone else is being bullied?**

 • Don’t walk away and ignore the bullying.

 • Ask the person to stop if it is safe to do so.

 • Don’t stay silent or the bullying will keep happening. Who can I tell?

• A friend

 • A School Councillor, Play Leader, RA Champion, Sports Ambassador.

• A family member

• Any adult at school

• Any other Adult.

**To prevent bullying in our school we will:**

* Make sure that everyone in school knows that they have someone who will listen to them.
* Make sure that children know that they can report bullying because they know that it will not be tolerated in our school.
* Make sure that all children know that they have a peer (School Councillor, Play Leader, RA Champion, Sports Ambassador) who they can talk to as well.
* Make sure that there are quiet play areas where children feel safe.
* Make sure that the staff at school show positive relationships at all times and know how to identify and deal with bullying.

**Dealing with an Incident**

When bullying has been reported, the following actions will be taken:

* Staff will investigate and record the bullying on a form. They will talk to the children involved but not all at the same time
* Staff will contact parents and have conversations with them.
* Staff will set up a plan to support the child and to make them start to feel safe again in school.
* They will have help from their class teacher or from a RA Champion, Play Leader, School Councillor or Sports Ambassador.
* There may be a restorative meeting between the child and the child showing bullying behaviour but this isn’t always appropriate.
* Staff will also work with the child who has shown the bullying behaviour and their parents to recognise what they have done and to decide on the consequence for their behaviour

**Bullying outside of school**

Bullying is unacceptable and will not be tolerated, whether it takes place inside or outside of school. Bullying can take place on the way to and from school, before or after school hours, at the weekends or during the holidays, or in the wider community. The nature of cyber bullying in particular means that it can impact on pupils’ well-being beyond the school day. Staff, parents and carers, and pupils must be vigilant to bullying outside of school and report and respond according to their responsibilities as outlined in this policy.

We will check by asking the children either through a questionnaire or through circle time etc about how they feel about bullying in this school.

* We will ask children do you feel that you are being heard?
* You are able to report Bullying to an adult
* You feel confident that if there was Bullying it would be dealt with
* You would feel that the staff would help you to feel safe again  You would be helped to rebuild your confidence