

40 Things to do before you

leave Norris Bank



Adventure

Build a den	Go on a long bike ride and draw a map of where you went or what you saw.	Make a trail with sticks	Create some wild art	Play Pooh Sticks
Go Star gazing	Hunt for bugs	Make a home for a wild animal	Skim a stone	Roll down a big hill



Community

Visit a local cinema	Discover the River Mersey	Draw 5 road signs you can see locally and find out what they mean	Find 5 items you no longer need and give it to charity shop	Create a log of the wildlife that visits your garden
Travel on a mode of transport you don't usually use. Train, Tram, bus, bike.	Discover 5 facts about your local area (Heaton Chapel train station has many)	Visit a park and make up your own game	Visit the local library	Find the names of 5 trees in the local community and draw their leaves.



Within your home

Create a fire escape plan with an adult and share with your family	Learn to put a duvet cover on	Set the table for a special meal	Plant a seed and grow your own plant	Fold up clothes and put them away
Help with the recycling. Make a poster about what we should and shouldn't recycle	Learn what to do in an emergency. Record who you call and what information you should give	Learn how to put the washing machine on	Learn all your emergency contact details	Learn how to cook a meal (age appropriate)



Thinking of Others

Make breakfast for a family member	Read a book to a younger child	Volunteer to help at an event	Teach a skill to someone else	Do a chore (you wouldn't usually do) for a week to help your parents
Make up a game and teach it to someone	Write a shopping list and do the shopping.	Help a friend or neighbour	Play a board game with your family	Play a team game