



Norris Bank Primary School

THE FRIDAY ISSUE

Friday 19th Jan 2024

Issue No: 26



Happy New Year to all our parents and children!

Welcome back to a new year at Norris Bank Primary. We hope your Christmas holiday was enjoyable and a bit relaxing! As usual, we have a very busy year planned so make sure you keep looking at the timetable at the end of the Friday Issues and also Parentmails, Dojo's and Tapestry.

PTA

The PTA are always looking for parent volunteers to help organise and run the many events they organise throughout the year. The more volunteers they have, the better.

This year, Michelle Knowles is stepping down as Chair, after doing a wonderful job over many years, as her son will be leaving Norris Bank in the summer. Therefore, they are looking to appoint another one.

If you feel you have good organisational and people skills, can provide leadership and guidance to the PTA and liaise with the treasurer, senior leaders of school perhaps you would consider stepping into the role.

They are happy to consider co-chairs too so you get to share the responsibilities with a friend

Please contact Michelle if you are interested in helping the PTA in any capacity.

Yoga

Ainsley Howard, a reiki practitioner and a children/family and teen yoga and wellbeing teacher and Claire Ash, a trained yoga and mindfulness teacher, are running a Teen Wellbeing Workshop on Saturday 3rd February (see attached leaflet). Between them they have 35 years experience. Claire is currently teaching yoga to children at the school. The taster session is open to 8-12 year olds, will last 75 minutes and is completely free!



YR 1 Trip to Liverpool

On Tuesday Year 1 visited the Museum of Liverpool to enhance their creative curriculum topic. The children took part in a 'Transport Now and Then' workshop. As part of this workshop the children were allowed to go in the Liverpool Overhead Railway tram which is not open to the general public. The children were very excited to see the Speke Hall bath chair on display which they had been studying in school. We also saw the amazing steam train called Lion. We can not wait to share what we have learned with everyone in the Big Exhibition.

Free Parenting Places

If you go to inourplace.co.uk you can access the free parenting courses using the access code Redrock. Many of these could be used to help support children who are struggling with big feelings and their well being.



Sport

Stockport County are coming into school every Wednesday to teach footballing skills to the children. This is provided free of charge by the club.

Primary Sports Coaching are running holiday camps at several schools, including Norris Bank during the February half term holidays. Please see attached flyers.

On Monday we took a Y4 team (9 girls & 9 boys) to Priestnall for an Athletic event. Five schools took part in the track and field events where the children were able to show off their sporting talent.

We are extremely proud of our team, everyone tried their absolute best and in doing so we came 1st! Well done!!

Special thanks to the parents who helped walk our children to the event.



Leave of Absence Forms

If your child needs time off from school for any reason, e.g. entrance exams, appointments, funerals etc. please complete a 'Leave of Absence' form, proof of the absence and return it to school in a timely manner. This can then be added to the register for the Education Welfare Service and will avoid any unnecessary phone calls to you.

The school office need this information **NOT** class teachers as they track attendance and absences across school. Teachers are welcome to be informed however all requests and paperwork **MUST** be done through the office.

Unfortunately, failure to do this could lead to an unauthorised absence and a fine.

Please use the link below to access the form.

<https://norrisbank.stockport.sch.uk/>

Emotional Regulation Seminar

The next virtual Emotional Regulation Seminar run by the parenting team is 8th February 2024, 9.30am to 11.00am (also see April date on flyer). This is for parents/carers of children aged up to 10 years of age. (Please find joining instructions on the flyer.)

Bags 2 School

The Bags 2 Schools event organised by the PTA raised £160 so thank you to everybody who donated their unwanted clothes items.

Reminders

Please remember when you are sending a packed lunch or treats for the class when it is your child's birthday, this is a nut free school. There are children in school with severe allergies.

All forms for medicine, walking home etc are on the school website. They can be completed and emailed to the office staff.

Please try to arrange appointments outside of the school day.

There have been several changes of address given that school were unaware of. Please remember to inform the office if you change address or there is a change in contact details.

If you need to sign your child into or out of school using the 'Inventory system', please type the reason CLEARLY and ACCURATELY as it forms part of the school record for the Education Welfare Service

The car park is for STAFF only who arrive before the children and depart after the children. Parents must use the Heaton's Sports Club opposite school. More parents are driving into the carpark which is extremely dangerous.

Pick up times—please make sure you know what time your child finishes school. 3.15pm Year R-2 and 3.20pm Year 3-6.



Year 6 Viking Day

Wow what a day!

On Monday, Year 6 had Erik the Viking come for a visit. Erik was brilliant and engaging, with a wealth of information that he shared with the children. He brought a plethora of artefacts which were fantastic for them to see and handle! To top things off we even dressed up as Vikings for the day.

The children had a great day and learned so much! A big thank you to Eric the Viking for a great day as always and a special thank you to all of you for paying and providing them with this unique experience!

A lovely memory for them to remember their last spring term in year 6!

The Year 6 Team



What do EPEC courses cover?

EPEC offers a variety of parent led courses and workshops both face to face and virtually. Each course is facilitated by two EPEC certificated Parent group leaders (PGLs). Topics include:

- Being good enough
- Feelings
- Play/spending time with your children
- Understanding children's behaviour
- Discipline strategies
- Listening and communication
- Coping with stress

What types of EPEC courses are there in Stockport?

There are three EPEC parenting courses:

- Being a Parent - for parents/carers of children age 2-11 years
- Living with Teenagers - for parents/carers of adolescents aged 11-16 years
- Being a Parent Together - for couples/co-parents to complete together

So how do you access the course?

You can speak to a member of the EPEC Team for any further information by telephoning: 0161 406 9558.

You can also email: admin.epec@stockport.gov.uk where you will be asked to provide your details.

Testimonials:

- "Learnt how to handle situations differently"
- "I'm not alone and other parents go through the same"
- "It's a relaxed, friendly atmosphere"
- "Very productive and thought provoking"
- "I'm a more confident mum and met new people"
- "It's good to talk and to make time for myself"

EXPOWERING PARENTS EMPOWERING COMMUNITIES

Stockport EPEC

PSC PRIMARY SPORTS COACHING LIMITED

HOLIDAY Courses

February Holiday Courses

Hazel Grove, The Heaton & Didsbury

February

Monday 12th February - Friday 16th February

- St Thomas' CE Primary School, Heaton Moor
- Broadstone Hall Primary School, Heaton Chapel
- Norris Bank Primary School, Heaton Moor
- Norbury Hall Primary School, Hazel Grove

Monday 19th February - Friday 23rd February

- St Catherine's RC Primary School, Didsbury

9am - 3.30pm
Early drop off 8am - 9am (£3)
Late pick up 3.30pm - (£4)
Open to boys and girls in year 1 - year 7

Ofsted Registered Active Childcare

£20 per day

Siblings attend together for only £17.50 each per day. Use code SIBLING24

We accept all tax free childcare vouchers

Full week discount (5 day) Use discount code FULLWEEK

Book online at <https://primaryscl.coordinate.cloud/list>

07597 821 198

info@primaryscl.co.uk
www.primaryscl.co.uk





PRIMARY SPORTS COACHING
LIMITED

FREE TASTER DAY

Norris Bank Primary School, Football Only Course



Monday 12th February 2024
Year 1 - Year 6 | 9am - 3.30pm

Book your free place online at
<https://primaryscl.coordinate.cloud/list>

FREE
for everyone
to attend



PRIMARY SPORTS COACHING
LIMITED

FREE TASTER DAY

St Catherines RC Primary School, Didsbury - Multi Sports Course



Monday 19th February 2024
Year 1 - Year 6 | 9am - 3.30pm

Book your free place online at
<https://primaryscl.coordinate.cloud/list>

FREE
for everyone
to attend



essential parent
in safe hands

Essential Parent is an online digital library of videos, articles and information to support you in your parenting journey from pregnancy through to parenting teens.

The aim of Essential Parent is to help expectant and new parents and carers bond with their children during the early years and help those children grow into resilient, healthy and independent teenagers and adults.



Stockport parents and carers - to sign up to Essential Parent for free, scan the QR code to register.

Or go to
<https://forms.office.com/e/DgmFDYhs4y>



Date	Description
January	
Monday 8th Jan	School re-opens
Tuesday 16th January	Year 1 visit to Liverpool Museum
Friday 26th	PTA Coin Line
February	
W/B Monday 5th	Big Detective Week
Friday 9th	Last day before we close for half term
W/B 12th	School closed for half term
Monday 19th	School Re-opens
March	
Monday 4th	Parent Teacher Meetings
Thursday 7th	Parent Teacher Meetings
Monday 11th to Wednesday 13th	Year 6 Residential to Robinwood
Tuesday 26th	Class and group photos
Wednesday 27th	PTA Easter Disco
Thursday 28th	Last day before we close for Easter
April	
W/B 1st	Closed for the Easter Holidays
Monday 15th April	School Re-opens
May	
Monday 6th	Bank Holiday: School Closed
Tuesday 7th May	Year 3 Residential to Castleton
Monday 13th	Year 6 SATS week
Tuesday 21st	Year R-2 book share session
Wednesday 22nd	Year 3-4 book share session
Thursday 23rd	Year R and Year5-6 book sharing session
Thursday 23rd	Last day before we close for Whit holiday
Friday 24th	Inset Day: School Closed



June	
10th June	School Re-opens
W/B 10th	Year 4 Times Tables Check and Year 1 Phonics screen
17th-19th	Year 4 Residential to Northumberland
Friday 21st	PTA Summer Fair after School
W/B 24th	Get Active Week
Monday 24th	New Year R Parents Meeting for children starting in Sept '24
Wednesday 26th	Sports Day and Family Picnic
July	
3rd—5th	Year 5 Residential to Anglesey
Thursday 4th	Transition day for Year 6 children to meet their new teachers for September
Wednesday 10th	Reserve day for sports date and family picnic
Thursday 11th	Class Swap Day

